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The Reepham Magazine



Edition No. 3

Summer 1989

80 p

The Reepham Magazine

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THE EDITORIAL

Welcome to the long awaited 3rd edition of the Reepham Magazine.

Inside you will find an assortment of information on *History, Beauty, Parish News and local clubs*, to name but a few.

Plenty of hard work has been put into the production of the magazine, but more volunteers need to come forward if the magazine is to survive.

Anyone interested in forming a club to keep the magazine going, please call in and see us at:

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HAVERINGLAND CARS

Travelling through the somewhat desolate area in the vicinity of Haveringland church it is difficult to believe that a thriving motor car industry existed there some 40 years ago.

Duncan Industries, started in North Walsham by Ian Duncan and Alan Lamburn, moved to Haveringland in 1947, setting up a production line in a redundant R.A.F. hangar nearby St. Peter's church, with a workforce which quickly grew to around 140.

The main objective of the business was the development of a small car called the Dragonfly, supporting work being the building of hand-beaten aluminium bodies on Healey, Alvis, Daimler and Bentley classics, together with the production of a fast sports car called the Spiv and a modified model called the Tenbosch.

During a recent chat with David Rogerson, who was Work's Manager at Haveringland, he expressed the opinion that the Dragonfly was many years in advance of its time and could well have become the mini-car of the future. It embodied front-wheel drive, independent wishbone suspension, hydraulic brakes, constant velocity universal joints, 10 inch Dunlop wheels and a 500cc twin B.S.A. motor cycle engine. Many of these features reappeared 10 years later in the Austin mini designed by the late Sir Alec Issigonis.

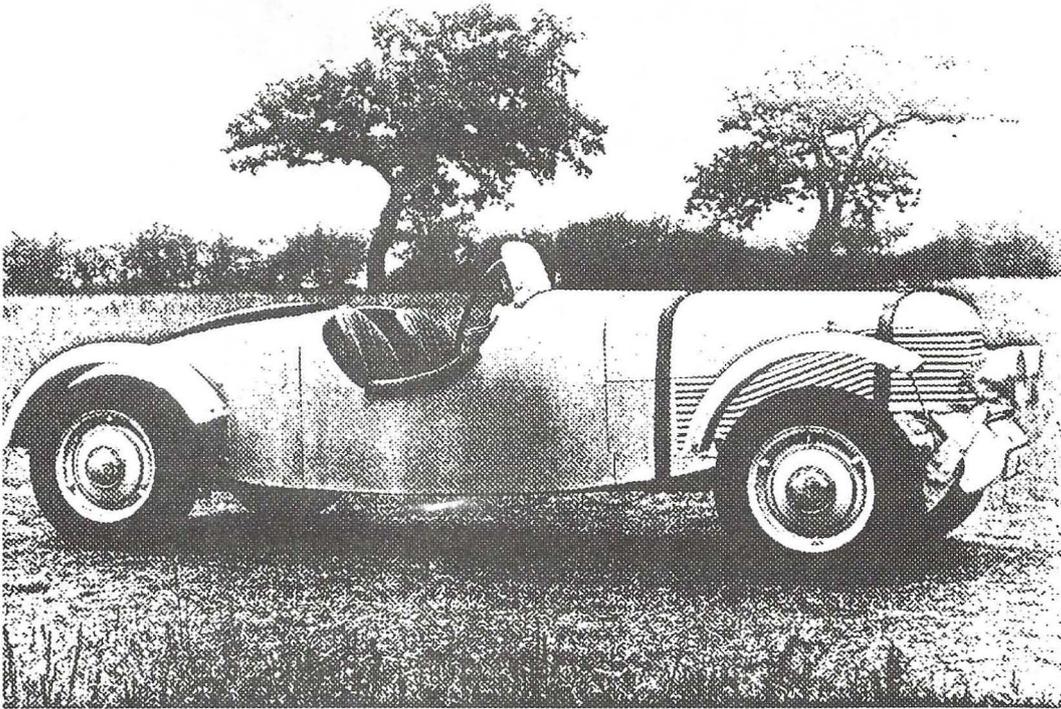
Duncan obviously foresaw a great future for the Haveringland car industry. According to a report in the E.D.P. at that time, he was looking for a further 100 employees and had plans for the development of housing and social facilities for his workers.

These ambitions were, however, ruined by post-war economic troubles facing the government which brought about the introduction of purchase tax in 1948 and which would have put up the price of Duncan's cars by as much as 50 per cent. This led to severe financial problems and eventually Duncan was forced to dispose of his equipment, stock parts, patented designs and drawings, together with the only two Dragonfly cars which had been completed, to the Austin company for £10,000.

By June 1949, Duncan Industries had disappeared from Haveringland. A tragic ending to a brilliant enterprise, destroying any immediate prospects of resurgent village life at Haveringland.

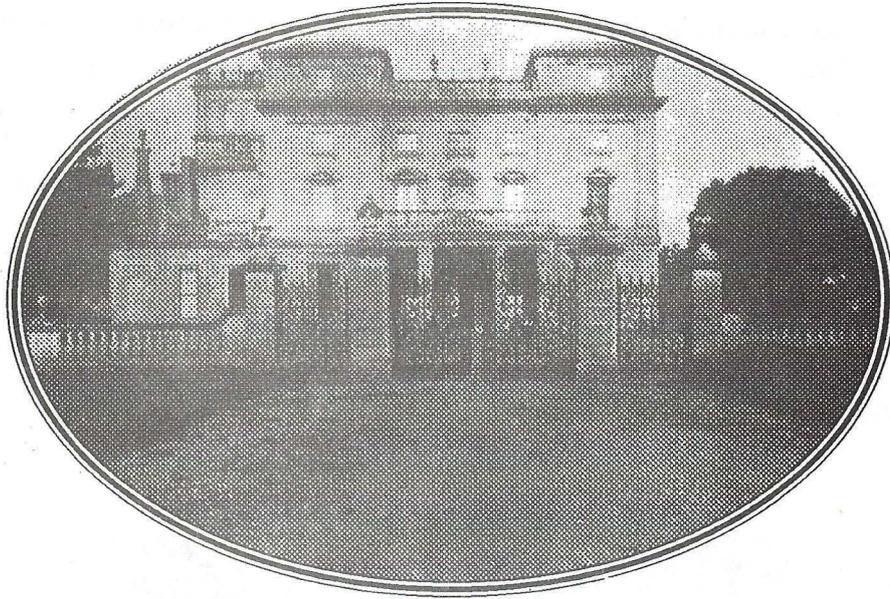
George Kett

Footnote: A snippet of useful (?) information I obtained from David Rogerson is that used Rolls Royce Merlin engines from the airfield were dumped in a nearby pit. If I could think of a ready market for worn out rusty, corroded aero engines, I might consider organising a 'dig'. Or I might not.



The Spiv, a 116 m.p.h. sports car

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** Haverland Hall Visitors Book - 1851-79*

Bother the Snow

December 2nd 1874

1.

*Oh bother the snow, the horrible snow,
The Gentleman said as he jumped out of bed,
T'was the 2nd of December, a day we'll remember,
For we shot the Great Wood at Haverland Hall.*

2.

*There the Gallant Hussars were smoking cigars,
Young Bing and Lorn Phipps, good at gunning or pips,
Knocking down left & right, Quite a Beautiful sight,
When they shot the Great Wood at Haverland Hall.*

3.

*See see our cheery ... merring and cheery,
And Rochfort's "all there" - watch him tumble that hare,
Ha, Ha he's tailored the rabbit - tho it isn't his habit,
When smothered in snow at Haverland Hall.*

4.

*With his hat full of feathers of Woodcocks he's shot,
At the corner stands ready our friend Jonny Mott,
He 'ner misses his aim when those birds are the game,
Which he finds flying thickly at Haverland Hall.*

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5.

*Colonel Shellys ahead - dropping rocketers dead,
As over him high - the imbeciles fly,
Finding out too late - they have met the sad fate,
Of gracing the menu at Haverland Hall.*

6.

*...Eaton by now, by jingo I trow,
That more than he dares - in bracken or furze,
He's just standing back, to have a good crack,
At some wily old cocks at Haverland Hall.*

7.

*Who marshalls this host? -placing each gun at his post,
T'iss well to inquire - Why the Haverland Squire,
Quite a ... in his way, -making even array,
In that wilderness wild at Haverland Hall.*

8.

*But bother the snow - where ever we go,
It gets into places - falls chill on faces,
Redding our noses, freezing our toeses,
On that Winter day at Haverland Hall.*

9.

*Our luncheon ale hot must not be forgot,
And glory of fame to Paddywacks name,
For t' was he who invented, the stew that contented,
The cold and the hungry at Haverland Hall.*

10.

*Now the sun's gone to rest - we've all done our best,
And a goodly row of victims to show,
When homeward we run - after capital fun,
Not withstanding the snow at Haverland Hall.*

11.

*Dear Good Mrs Fellowes - has ordered the bellows
And a great roaring fire - new warmth to inspire,
Making every thing bright for each half frozen wight,
In the cozy bedrooms at Haverland Hall.*

12.

*In kindness her daughter - recommends us hot water,
With something besides to restore our insides,
And all the fair ladies - as lovely as daisies,
Sympathise with our hardships at Haverland Hall.*

*Alas! The day will come when we must all say farewell,
And pleasant times gone by alone in memory dwell,
For other climes remote our valued friends depart,
There sorrowing faces seen and many an aching heart,
But none will 'ere forget - none of that chosen band,
How gay they danced - how keen they shot,*

At Merry Haverland.

This was sent to Mr. George Kett by Andrew Fellowes (son of Lord de Ramsey)

** Now of course known as Haveringland Hall*

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SPRING SUNDAY

*Sunday at last! - a curious hush
Enthralls the slumbering town -
Only one early-morning thrush
Reveille calls with cheerful song*

*He has no seven-day calendar -
All days alike he greets with praise
While we take Sunday to recover
From all those tedious working days!*

*But sleeping Reepham soon awakes -
Resolving to make holiday.
Each to himself a promise makes -
To do "his thing", in his own way!*

*So some will potter round the home,
And some will read, or snooze all day,
And some 'wait in' for friends to come -
But we'll be cycling - far away*

Anon

PUB RUN/CYCLE RACE

On November 6th 1988 a race was held around the past and present drinking houses of Reepham to raise money to provide a second defibrillator for Reepham Surgery.

Despite descending mist and a relatively low number of entries the event was a success for two reasons. Over £150 was raised but equally important it gave a chance for the entrants to learn a little of the history of Reepham. Most of the entrants did not know that there have been fifteen public or ale houses in and around Reepham or indeed that places that they know well were at one time a pub.

Thanks go to the entrants and all their sponsors.

A similar event will be held next year when we would hope for better weather and more entrants.

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REEPHAM METHODIST CHURCH HAS A FACE-LIFT

Major renovations are being undertaken by the Church for most of you will have noticed scaffolding and debris around the premises.

We have re-roofed the entire complex, fitted a new kitchen, added an additional toilet suitable for disabled people and installed new heating.

The school-hall will be an attractive room when all the work has been completed which we anticipate should be finished by Easter.

It has meant some disturbance and interruption to the normal activities. The Playgroup has had to suspend their meetings (and we acknowledge with gratitude their help and co-operation) and also it has been necessary to move Sunday Worship to a near-by house on a temporary basis for two/three Sundays.

We are looking ahead to having premises which will be suitable for today's needs both for ourselves and the community.

We extend a very warm welcome to residents and friends in Reepham to come and share in Worship each Sunday at 10.30 a.m. We serve coffee after the service and we can provide a creche for those parents with young children.

Denis Fox (Pastor)

NICKY WALLER PATIENT CARE FUND

The fund was set up in September 1985 after Nicky's death from cancer. Just prior to her death Nicky requested that any monies given should be used to improve the care of patients before, during and after any treatment.

Nicky felt that relatively low cost items could be provided in hospitals and for home use that would improve patient comfort. Such an example are the Tendercare mattresses and pillows which make bedridden patients more comfortable and reduce bed sores.

Nicky was an Attleborough girl but her Aunt, Jeanette Overton, has made people in Reepham aware of the fund and has done sterling work in raising money for the fund. Local people have benefited from the fund as equipment has been donated to the Cottage Hospital at Aylsham and, of course, over £2,000 was given towards the first defibrillator for Reepham Surgery and over £1,000 towards the second defibrillator.

To date over £15,000 has been raised for the fund and there are a number of people in hospital or at home whose lives have been improved by donations from the fund.

There are a number of events scheduled and/or planned which will raise more money for the fund and I hope that the people of Reepham will continue to show their generosity in continuing to support what is obviously a very worthwhile cause.

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OBITUARY TO JOHN STIMPSON



It is sad to report the loss, just before Christmas 1988, of Mr. John A.B. Stimpson, a prominent farmer and land owner.

Mr. Stimpson of Hackford Hall, Reepham, was born at Park Farm, Bixley, where his father farmed. It was from Bixley that he joined the army. This was in September 1940, serving with the twelfth Royal Lancers. In 1941-42 he served in the western desert, before becoming ADC to General Leese, Commander of the Eighth Army in Italy. During 1944, Mr. Stimpson was with General Leese, when the General was made Commander-in-Chief of A.L.F.S.E.A. in India/Burma Theatre. Mr Stimpson left the forces in April 1946, with the rank of Major. He was mentioned in the 1947 New Years honours list, for services rendered during the Second World War, being awarded the M.B.E.

From 1946-50 Mr. Stimpson managed Park Farm, Bixley, famous for its herd of Large Black Pigs, which won many prizes at the County and Smithfield Shows. In 1950 he took over the management of the firm's transport company Stimpson & Sons, which he improved with more up to date lorries. Mr Stimpson moved to Hackford Hall in 1952, and was married to Mrs. Rosemary Packard in March the following year. Mrs. Stimpson had a son Michael and a daughter Frances by her previous marriage. Following their marriage they had a daughter Mary and a son Hugh, now both married.

Mr Stimpson took great interest in the local affairs of Reepham, serving on the Parish Council, and as a Church Warden. He also served as a Magistrate at Reepham, and later at Dereham where he became Chairman. He also had a great interest in the Royal Norfolk Show, of which he was Honorary Director, from 1960-66 and 1973-80, a total of fifteen years.

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WATER, WATER EVERYWHERE, BUT NOT A DROP TO DRINK!

There have been an increasing number of reports in the press questioning the safety of British tap water. A growing number of people are worried about the possible risks to health from various impurities.

In 1980, the EEC approved a directive relating to the quality of water for human consumption. This was then implemented in 1985. Critics of the quality of the UK water supply found that tests carried out after this date, for instance in Norfolk, showed levels of impurities far higher than allowed in the directive. They formally complained to the EEC but as yet no legal action has been taken.

Many people have stopped drinking tap water in favour of the bottled variety - an expensive alternative, but according to 'Which' magazine (February 1989) this is usually no less free of bacteria and impurities than tap water.

Buying a domestic water purifier is an option which an increasing number of consumers are taking up. Microstraining purifiers are the only water treatment devices available which can be classified as purifiers as opposed to mere filters.

The Seagull IV range is produced in the US by General Ecology and is now available in Norfolk. The unit is installed directly into the incoming water main, usually in the cupboard under the kitchen sink.

The Seagull range has been extensively tested in America and results verified by the Institut Pasteur in Paris, amongst others. They can remove 99.99% of contaminants, including pathogenic bacteria, pesticides, herbicides, chlorine, aluminium, lead and radioactive particles.

Unlike many other water treatment devices, however, it leaves intact the beneficial minerals like calcium and magnesium. Most major international airlines use Seagull units to purify their on-board drinking water, indeed British Airways have just ordered 300 units for their fleet. The Seagull IV units are constructed from surgical quality stainless steel. The two models recommended for domestic applications, the X-1F and X-2F, are compact and fit neatly under the sink with a separate tap on the sink top which delivers pure drinking water. With water as pure as this, so conveniently available, hot and cold drinks, rice, pasta, vegetables and all cooking can be done with pure water.

Typical flow rate of the X-1F is 1 gallon per minute. When the cartridge has reached the end of its life, the flow slows down and eventually stops. The average cartridge life is 4,000 litres which in an average household is one year.

For further information please telephone 872249

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A BORDER REBEL'S RESTING PLACE

*Where unkempt summer weeds and grasses wave
Beyond the Norman church - long since disused,
A lichened tomb-stone leans, time-worn, askew,
Above a soldier's long-abandoned grave.*

*By brilliant cushions of bright emerald mossed,
His chiselled name was, long ago, obscured -
He'd hoped his 'rightful' king would be 'restored',
But died, not knowing that his Cause was lost.*

(seen on a Scottish holiday)

L.H.L



*Government Health Warning:
Drinking can affect your spelling.*

G. Kett

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Standing from left: fund-raisers Daniel Alford, Jack Cooper, Dominique Rudd and Sister Brenda Price with (in wheelchair) multiple sclerosis sufferer Peter Elvin and, testing new cushions in the other wheelchair, Nicky Waller Patient Care Fund trustee Mrs. Jeanette Overton.

WALKERS EARN GIFTS OF COMFORT FOR PATIENTS

Nicky Waller Patient Care Fund representatives and friends met at St. Michael's Hospital, Aylsham, to hand over gifts of comfort.

Eight mattresses and a wheelchair cushion and back cushion for patients to use were bought with £800 raised by a variety of events.

The money was earned by Mrs. Jeannette Overton and her friends, of Reepham, through a sponsored walk in which Sister Brenda Price and five nurses took part, plus a raffle and tombola stalls at local events and an entry in the fun run on Reepham's Gala day.

The mattresses were presented to Sister Price by Dominique Rudd, who raised £74.51 in the fun-run, and 83 year old Mr. Jack Cooper who walked 2 1/2 miles on four occasions and raised £68 as a "thank you" to the hospital.

Also at the presentation was multiple sclerosis sufferer Mr. Peter Elvin, of Foulsham, who was presented with a comfy cover for his wheelchair by Daniel Alford.

The fund has so far provided Mr. Elvin with a mattress, a cushion and back cushion for his wheelchair.

(Article taken from North Norfolk News - October 1988)

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DOCTOR PRAISES A COMMUNITY EFFORT

People living in Reepham and the surrounding villages have rallied round to raise more than £4000 in six months to buy a life-saving defibrillator for use by local doctors.

The mammoth fund-raising effort began spontaneously after Dr. Michael Price, of the Park Lane Surgery, used a defibrillator to help save the life of a Stratton Strawless woman who suffered a heart attack in December.

Afterwards Dr. Price said the emergency had brought home to him the value of doctors having their own defibrillators.

People in the area decided to raise the money for the machine. Contributions ranged from a £200 donation from Mrs. Mary Eacott, the woman who had suffered the heart attack, to two seven-mile sponsored walks along Reepham's disused railway line.

On Tuesday evening the cash for the defibrillator was handed over to Dr. Price and his colleague, Dr. Barbara Kelly, when more than 100 people went along to the Old Brewery House, Reepham.

A cheque for £2,099 was handed over by Kerry Woodhouse and Rosalind Tuddenham, of Cawston, and Sarah Crisp and Daniel Alford, of Reepham, on behalf of Mrs. Jeannette Overton, of Sun Barn Road, Reepham.

Mrs. Overton had organised events as part of the activities of the Nicky Waller Patient Care Fund, which was established three years ago following the death from cancer of her teenage niece.

A further £2112 was handed over by Mrs. Joan Rudd, of Richmond Rise, Reepham, who had been among the many active fund-raisers for the Defibrillator Fund.

Dr. Price praised the community effort behind the fund-raising and said the machine, which is being bought through the Norfolk Health Care Trust, would also be capable of monitoring heart problems as well as acting as a life-saving aid in emergencies.

The defibrillator will also be used by partners Dr. Paul James and Dr. Frances Price on call from the joint practice in Aylsham.

Since this article was written, the residents of Reepham have contributed to the cost of a second defibrillator.

(Article from North Norfolk News - September 1988)



Dr. Barbara Kelly demonstrating the monitor working on the surgery's first defibrillator watched by Mrs. Jeanette Overton, right.

VILLAGERS' GIFTS TO SURGERY

People of Reepham and Cawston have rallied round and raised £1800 to buy equipment for Reepham Surgery.

A defibrillator was presented by Mrs. Mary Eacott of Stratton Strawless. Dr. Michael Price had saved Mrs. Eacott using a defibrillator bought with money from the 'Save a Life' Appeal, organised by our sister paper, the Eastern Daily Press.

A sonic aid foetal monitoring machine was presented to midwife Denise Rose by Mrs. Jeannette Overton, who raised £1155.50 of the £1800.

Mrs. Overton organised events as a thank-you to all the local people who had supported the Nicky Waller Patient Care Fund since 1985, following the death of her 16-year old niece from cancer.

She also presented trophies to Rosaline Tuddenham, of Cawston, and Sarah Crisp and Daniel Alford, of Reepham, for their fund-raising work last year.

They presented Mrs. Overton with a bouquet, on behalf of the doctors and the defibrillator fund, in recognition of her efforts.

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CREEPING SUBURBIA

'Deve lopers' move in with shrieking saws-
Their only care, the profit they will show
So trees are felled, that once, entrapped the stars,
And ancient oaks are sold for timber now

The majestic elms, that stood for centuries
Along the hawthorn-scented country lane,
Have vanished, with their cheerful rookeries,
That our old village will not hear again.

For red-brick boxes, now in neat rows stand
Where once the violet and the primrose grew.
Cold concrete paves the pasture-land,
And covers the rare wild flowers that we knew

Why should we such Suburbia make?
Why turn each village to a dreary town?
Let's leave some space for Nature, then to take
Re-seed, renew lost beauty - as she's always done

BEDRIDDEN

From my bed I can see across the field
the cows in their bold mapped skins.
They lean over the fence
to gaze at me with bovine curiosity.
At dusk the rabbits feed and play
and pheasants strut to show their gaudy plumage
to their many wives.

I watch the world walk into winter
and frost sugars the garden
painting pictures on the window pane.
Mist veils the farther hedge and passing cars.
I can't be bored with so much going on
and thankful it's not brick wall and darkened yard.
Thank God for eyes to see the year's activity.

Pam Croone Nov. 1988

(Editor's note: Pam Croone has been bedridden for three years)

The Reepham Magazine

PARISH PUMP

EDITED BY GAVIN GRAHAM, FIDDLERS INN, NORWICH ROAD, REEPHAM. TEL.870878

NEW VENTURE BY PARISH COUNCIL

Welcome to PARISH PUMP, the first Parish Council newsletter. It is intended to be informative and interesting, and it is also a chance for you to air your views on what is (or is not) going on in Reepham. Please send details of information you want published, and letters or articles on any subject to the editor at the address above.

Reepham Parish Council - who is on it and what does it do?

The Council is elected every four years (this one's term of office expires in 1992) and consists of 12 councillors. Their statutory responsibility is to ensure that the streets are lit, and the dead are buried. In our case, the P.C. does much more, predominantly in the area of providing leisure and recreational facilities. For instance, it owns and administers the Town Hall. In addition, it now owns 13 acres up at Stimpsons Piece and is looking carefully at the possibilities of extending recreational facilities in the Town.

The P.C. also has to administer the market place and collect the rents from the stall-holders. It has decided to employ, on a part-time basis, an individual to help keep this part of the town clean. Perhaps you think this aspect of the Council's work could be extended? Please write and let me know.

Your Parish Councillors are:-

REEPHAM PARISH COUNCIL

List of Councillors as from 5th May 1988

HACKFORD WARD - 6 Councillors

G.J.E. Graham	Fiddlers Inn, Norwich Rd, NR10 4NR	870878
D.G. Hindry	New House, Chapel Walk	870385
M.J. Howard	5 Silver End, NR10 4LH	871761
J.J. McCartney	St. Michael's House, NR10 4JJ	870666
K.E. Morrow	The Old School, Norwich Road	870733
L.J. Sage	St. Michael's House, NR10 4JJ	870355

REEPHAM WARD - 4 Councillors

Mrs. A.E. Blunsden	4 Railway Terrace, NR10 4LR	870891
Mrs. M.J. Knipe	Orford Cottage, The Moor, NR10 4NL	870502
R.H. Rudd	86 Richmond Rise, NR10 4LS	870325
D.C. Joice	The Gables, The Moor, NR10 4NL	870410

WHITWELL WARD - 2 Councillors

C.W.A. Brooks	Melbourne House, Whitwell Common, NR10 4RF	872540
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CHAIRMAN - WHITWELL COMMON MANAGEMENT COMMITTEE

A.H. Ivins	Hillside, Whitwell	870368
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All members of the public are welcome at every meeting and are entitled to speak on any subject.

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REEPHAM PARISH GOINGS-ON

We greet 1989 with the eternal optimism that seems to be so necessary these days, with air disasters, earthquakes, crime, unemployment and untold other strains that make us realise our own good fortune, and gain a fresh perspective in our daily, personal philosophy!

Our rector is very active, and is nearly always available, if wanted, at the Rectory, Station Road (Tel. 870220). Do ask if you would like the monthly parish magazine, entitled 'Town and Country' - perhaps as it concerns Salle, Thurning and Wood Dalling as well as the metropolis of Reepham-cum-Hackford-Booton and Whitwell. The rector has a band of about two dozen helpers in support for extra visiting or practical help too.

REEPHAM RECIPES is generally acclaimed as being an excellent book. Selling at £1.00, it contributes to the boring, but vital income for Church Funds, so please buy a copy. They are available at the rectory and at:

The Chimes in the Market Place (Don MacDonell) and
Beaver House Antiques, Norwich Road (Jane Bensford)

ST. MARY'S, the parish church, has been alive with events. A lovely flower festival took place in September, which brought many visitors and much appreciation, before the more conventional form of thanksgiving of the Harvest Festival.

The mid-December Carol Concert filled the church again. It featured the Reepham Singers with a fine selection of sixteen carols, the voices and recorders of the primary school musicians in good form, the instrumental group Saraband with some new, young blood and Gordon Dodson playing solo and accompanying on piano and organ.

Then the High School service, a Christingle Service, midnight communion and Christmas Day all brought in cheerful faces and some fresh faces to the town's acts of worship.

SUNDAY SCHOOL, occurs at 10.30 a.m. in St. Michael's.

The Pathfinders, the teen-age group, meet in the 'upper room'; the others are grouped by age, 3-6 year olds, 6-8, 9-10 and 11-14s. Please contact Jill Goff at Rookery Farm, Back Street (Tel: 871847) for further information.

'CHRISTIANS IN CONTACT' - a home meeting for understanding the activities and concerns of the world-wide church.

Meetings consist of hearing a short tape recording from a situation overseas, followed by a discussion based on study material supplied by the Church Missionary Society, ending with prayers relevant to that situation.

It is open to all who may be interested, and is held every month on a Tuesday evening (but not during Lent, in February or March).

So, whatever Christian denomination you belong to - or none! - you are warmly invited to join us on Tuesday evenings at 7.30 p.m., either in the Methodist Church or in St. Michael's, which adjoins St. Mary's. Venues and dates are displayed in the church porch.

Canon G. Dodson Pastor D. Fox

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THE BIRCHAM CENTRE

The Bircham Centre, for those in Reepham who are not familiar with it, is the large, pale yellow house on the Market Place that houses the County Library and the W.I. Market, besides much more!

The building was left to the people of Reepham and surrounding parishes by Samuel Bircham in 1919 as a war memorial - to be used as club rooms and a reading room. The part now leased to the County Council as a library broadly fulfills the bequest and several of the other rooms are used regularly as meeting rooms for small clubs.

Five or six years ago, after an upsurge of "Let's provide more community amenities", the Bircham Centre became the focus of a need to improve and enlarge. Thankfully, the building was improved and renovated, especially the roofing. This cost nearly twice as much as estimated because the rapid rise in building costs unfortunately took off at this time. However, the Committee and donors managed to pay for it all by March 1988. Since then we have continued to raise cash to improve the heating and decorating.

Meanwhile, in 1988 another charitable family had followed Sam Bircham's lead and very kindly donated a leased field, known as "Stimpsons Piece", to the town as a gift and the Parish Council is purchasing the adjoining field. So now the idea, broadly, is to build on and use the playing field area for the larger clubs (mainly sport-based) and continue to improve the town centre and Bircham Centre area for the small indoor clubs and societies, archives and library, etc. and hopefully to establish a day-garden at the back. I say, hopefully, for needs are one thing, but with the best will in the world one cannot foresee with certainty and no-one can expect the voluntary members to take on too much.

The present management of the Bircham Centre consists of voluntary members from clubs and societies in Reepham, plus other volunteers from the members of the public. This is the usual Charity Commissioners' Scheme of Management for what they call "village hall" type buildings. The present chairman feels that this particular scheme is not ideal, for membership changes very frequently - often 70% change each year - thus providing little continuity. Also with more "best will in the world" many Committee members cannot contribute as much time and energy that voluntary community halls demand.

Every Community would tell you the same story - that a few stalwart members of the community aim to provide facilities. They either have to provide many hours of voluntary effort to keep the cost of using the facilities within reach of the numerous small clubs and societies or increase the price of hiring to cover more professional help, whereupon several small clubs have to close. The result is stalemate and the building becomes the proverbial white elephant. This must not happen to the Bircham Centre area. We know that once the improvements have been made, management will become a lot easier and perhaps the estimated four hundred people who now go through that Market Place entrance every week will double in number.

However, we do need continuing cash for some time yet. The Deeds of Covenant that were offered to us four years ago, mostly ceased last year. They had been a welcome source of income. (It means that if a tax payer kindly donates a set sum to the Centre each year for at least four years, the Bircham Centre can claim back the paid tax as well - i.e. £20 per annum for four years is £80 and, depending upon the rate of tax, it will be worth approximately £100 to the Bircham). If you can help in this way, please get in touch with Dr. Arthur Garrett.

Meanwhile, the Management Committee will continue running the building as well as they can. If you haven't been inside the 'Bircham' recently, please do so. Inside are notices relating to clubs, etc. W.I. Market: Wednesdays 9 - 11; Library: Wednesdays and Fridays. On Friday, the Library remains open until 8.00 p.m.

The building is a great asset. It gets no money from public rates, other than a rate rebate and unfortunately, running costs grow, as we all realise with our own homes but we will continue the improvements although it needs hard work and patience and the good will of you all.

June Betts

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PARISH COUNCIL NEWS

Leisure Land below Stimpson's Piece

The Parish Council has recommended that the new land purchased for leisure use in Stoney Lane should be placed under the auspices of the Charity Commission. To this end, the go-ahead has been given to our solicitors for the inclusion of this area under the same protection clauses as Stimpson's Piece.

The land has now been seeded and it is hoped will be in use by the summer of 1989. We shall be looking for volunteers in the Spring for the somewhat arduous task of stone-picking and we would be pleased if all the Clubs, Societies, etc. or other potential users would assist.

Public Lighting

All lamp standards in the Town are numbered and it would assist if members of the public quote these when reporting faults to the Parish Clerk (Mrs. Galley) on Norwich 870813.

Concern over Planning Decisions

The Parish Council has become increasingly concerned over decisions reached by Broadland District Council's Planning Committee that are directly opposed to the wishes of the majority of the local population. To this end, a letter has been circulated to all the Parishes in Broadland District requesting their views and details of any matters relating to planning that they consider have received the same treatment. When we consider that all who wish to reply have done so, a dossier will be compiled and copies forwarded to the Secretary of State, Broadland District Council, the news media and any other interested parties for whatever action they may wish to take.

Management Plan for Whitwell Common

A management plan for Whitwell Common has been initiated and the necessary legislation is being formulated. To this end, Public Notices have been posted regarding any claims of ownership, etc. and when these, if any, have been settled the final arrangements can be completed.

Volunteers for Reepham Emergency Planning Officers

An Emergency Planning Officer and an Assistant are required for Reepham and any persons interested in these posts are requested to contact the Parish Clerk (Norwich 870813) or Mr. Keith Fawcus, Emergency Planning Officer, Broadland District Council, Telephone Norwich 31133 for further details.

Car Park - Station Road

Following complaints of noise nuisance and damage to the surface by heavy goods vehicles, the District Council has investigated the matter and suggested erection of a height-restricting barrier to prevent access by height and therefore probably the noisy, heavy lorries.

Dual Use of High School

The Governors are considering the matter of a joint management committee. Which clubs and societies would be interested? Please inform the Parish Clerk (Norwich 870813).

The Reepham Magazine

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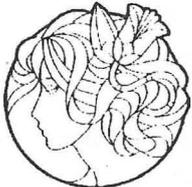
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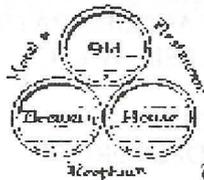
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ROS WARD

The Reepham Magazine

REEPHAM - WHEREFORE ART THOU?

*It's happened once again and I'm feeling rather blue,
They descended on our town in force - another telly crew,
Completely re-arranged it, got changing this and that,
You wouldn't have known the Brewery House - it wore another hat,
And what about the Chimes? That had a face lift, quite,
They even changed the colour - it happened overnight,
And wasn't it antiques that they once used to sell?
It became a Grocer's, but there's even more to tell,
The alley known as Pudding Pie, who would have recognized it?
That was altered end to end, and the in-between bit.
Then came the sudden snowfall, so early but quite fake
And Reepham was transformed. Oh! For Goodness Sake.
The market place was full of Beeb vans, ever such a lot,
The locals gathered round to see the program shot,
Not I though, much too busy to stand around and stare,
But I might admit to a sideways glance occasionally here and there,
Just one complaint I'd like to voice. It really isn't right,
I know that when the program finally comes to light
It's Reepham I'll be watching for - in disguise or not,
But I'll miss every scene - I'll get so caught up in the plot!*

Gwenda Dove

REEPHAM BOWLS CLUB

New members of both sexes required for a friendly club. Play commences at 2.30 p.m. every Tuesday, Thursday and Saturday and at 6.30 p.m. every Monday, Wednesday and Friday. New season starts Saturday 28th April. The green is located behind the D.I.Y. shop. Pre-season enquiries to Mr. Derrick Henson, Riches Stores (870205)

REEPHAM BRIDGE CLUB

A club ideal for brushing up your bridge play. New members are made very welcome at the Bircham Centre where play commences at 7.30 p.m. every Monday. Enquiries to Mr. Derrick Henson, Riches Stores (870205)

The Reepham Magazine

'RELATE'

Relationship Counselling with 'Relate' (or as it used to be called The Marriage Guidance Council) is now available locally at the surgeries in Reepham and Aylsham (Hungate Street) as well as in Norwich.

Counselling is for anyone having problems with a relationship; some people are in their teens and some are retired, many are married but some are engaged or living together. Relationships can encounter problems for many reasons. Actually committing themselves can make some people feel trapped, the arrival of children can impose all sorts of strains, teenagers or step children can be hard to cope with, remarriage, retirement and bereavement can all create unique problems.

Relationship Counselling tries to help a couple understand themselves better. Very often understanding what the problem is helps to improve things. The Counsellor doesn't blame one partner or tell people what they should do. The aim is to help people 'listen to themselves' - and one another and to see how they can help themselves in a way that feels right for them.

Counselling is completely confidential; some couples come together, some come separately. Sometimes just one partner comes. Counselling may last a few weeks or longer if people feel they need help over a longer period. Although 'Relate' asks people to make a contribution to the cost of counselling, this is discussed with a Counsellor and if people can afford to pay only very little or nothing, that is all right.

If you would like to know more about Counselling, telephone Norwich 625333, 10.00 a.m.-3.00 p.m. weekdays.

EXTEND

Anyone can get that Monday morning feeling but add to this the approach of three score years and ten and a few nasty aches in the joints and there is every excuse for staying deep down under the duvet. But this way blues soon turn to boredom and depression.

Fortunately, the over 60s in Reepham have a better way to start Monday mornings. Come along to the Town Hall at 10.00 a.m. and there you'll find cheerful companionship at the EXTEND class run by Gwen Blyth. Carefully supervised movements to music help to delay the onset of arthritis and rheumatism as stiffening joints and tired muscles are gently exercised. At 50p for an hour's session followed by coffee or tea at 10p, it's the bargain of the week!

SO COME AND JOIN US. Gwen's phone number is Norwich 870429 if you would like more details

The Reepham Magazine

REEPHAM EVENING W.I. 1989 PROGRAMME

The meetings are held on the third Wednesday in the month at 7.45 pm in the Town Hall. New members and guests are always welcome. It is an opportunity to meet other people and listen to interesting speakers who cover a wide range of topics.

January 18th

HOW TO MAKE YOUR MONEY WORK
Mr. A. Hales

February 15th

HYPNOTHERAPY
Maggie Perry

March 15th

THE HERB GARDEN
Mrs. C. W. Henderson

March 18th

EASTER FAIR (9.00 am - 11.30 am)
At the Bircham Centre

April 19th

ASTROLOGY
WHAT'S IT ALL ABOUT
J. Sunderland

May 9th

SPECIAL EVENING
7.30 pm at the Town Hall
SIMPLY FISH

May 17th

RESOLUTIONS
ROCKY MOUNTAIN PARKS WITH SLIDES
Mr. Maxwell Smith

June 21st

TOY MAKING DEMONSTRATION
Mrs. V. Stevens

July 19th

SMUGGLING IN NORFOLK
Mrs. Joy Lodey

August

NO MEETING

September 20th

15th BIRTHDAY MEETING
FUN WITH FRUIT
Miss C. Spencer

October 18th

CITIZENS ADVICE BUREAU

November 15th

CHRISTMAS FLOWER ARRANGEMENTS
Mrs. Barbara Harrold

December 13th

MEMBERS EVENING

The Reepham Magazine

HOME FISHING IN THE THIRTIES

*Our catch now sold, just thirty five fresh Crans.
So off to sea again, passing close by Scroby Sands.
Up with the Mizzen, helping to stabilize our boat.
With only a wireless, we are a little remote
We cast out our nets, with the hope of a haul.
We are steering North east, a course for Smith's knoll.
These are the grounds, where full herrings abound.
We went there before, plenty of herrings were found.*

*We arrive at the grounds, Drifter turns, wind at the rear.
We cast nets over roller, a Buff between each pair.
One, two, three hands full, then over nets go,
Mate busy tying seizens, Boat rocking to and fro.
With Warp at the bottom, and Buffs floating on top,
Nets hang like a curtain, the herrings to stop.
The last net is over, now ship turns about,
Facing that long crooked line, the hundred Buffs we threw out.*

*Nets now all floating, it's eat, drink and sleep.
First call's at midnight, to see what we pull from the deep
On inspecting our nets, found, was not worth the haul.
"Look again at four Boys", back to our bunks we all crawl.
At four we inspect then, continue to haul to the end.
Castoff to the Capstan, Cook to roperoom we send.
Castoff unties seizens, Capstan winds in large rope.
With the sight of many herring, the crew haul and hope.*

*Its one, two three shake, hauling nets by the crew.
The herrings are flying, disappearing to wing from view.
Mate goes below to divert, as one wing is filled.
There are herrings galore, what if? some are spilled
With last nets hauled in, it is fast back to port.
It took three hours out, so time for breakfast we thought.
Hawseman off to market, with a sample of our catch,
Sold to the highest bidder, hoping our shot will match.*

*Up goes the foremast, making a derrick from the Boom.
Rope round the Capstan, to pull Baskets from wing room.
Two crew with their scutchers, fill baskets to overflow.
Fill' em up shouts the buyer, fearing baskets filled low.
Stoker getting fresh water, enough to last three nights.
Cook shopping from ships store, five pound joints are our rights.
With our catch now cranned out, three fifty baskets in all,
Crew happy with days work, but there's no time for a ball.*

M. Frosdick

The Reepham Magazine

GARDENING FOR CHILDREN

If parents are interested in gardening, so most likely, will their children be - at least until an age of rebellion. Young children enjoy helping to sow or harvest vegetables. Boys as well as girls like to be able to pick flowers. Young children's help in the garden does need to be on their own terms; nothing is likely to put them off for good more than jobs that are obvious chores. The children's own terms are often best met by having their own individual plots.

Children need more than an out-of-the-way corner of the garden and a handful of left-over plants to encourage an interest in gardening. However small the plot, it must be well drained and fertile to ensure the maximum chance of success. It should also be in a prominent position, for children love to show off their gardens to visitors.

The ideal size of the plot should be at least 3ft sq. with access from both sides, and mown grass is the ideal surround. The plants selected should be undemanding, yet capable of producing worthwhile flowers or fruits and give quick results.

The range of flowers to grow is wide, but an initial selection can be made from those flowers which the small child can play with.

Antirrhinums can provide endless fun for "nipping" noses, and double daisies can be grown to provide material for daisy chains. Foxgloves make tiny gloves for dolls and nasturtium leaves make dolls' hats.

Amongst other plants which appeal to children are those that change with the time of day or the type of weather. The morning glory will rapidly grow up a wall and white flowers open early in the morning and close by mid-afternoon. The Californian poppy is another example, having brilliant red or orange flowers which open and close during the day. Mesembryanthemums and daisies are plants that will not open their flowers in damp or rainy weather.

Gourds are unusual plants that will appeal to children because of their quick growth; they produce a range of strangely coloured and shaped fruit that can be dried and varnished to retain their colour. Loofahs and giant sunflowers can also be quickly grown from seed.

If the child takes a keen interest in their garden it is a good idea for them to cut up seed packets to make scrap books showing the things they are about to sow and grow, thus keeping a record for them to look back on during the winter months when nothing is growing.

Barbara Kent

The Reepham Magazine

IN PRAISE OF THE NICKY WALLER FUND

As someone who has helped in a small way to raise funds for this very worthy charity and has seen how Jeanette Overton works to raise money, it saddens me now to realise that it may fall victim to something which is becoming more apparent. It appears that whenever something is begun by people lovingly involved in the fund, as Jeanette and her family are, it can then unfortunately be regarded as ready for 'take over'.

The Nicky Waller fund has succeeded primarily because of the dedication involved and the memory of someone who appears to have been a very brave young girl. Money raised has gone to buy items much needed by the sick both in hospital and at home. In fact what is refreshingly obvious is that every donor or fund raiser knows exactly where the money is being spent and that very little, if any, is spent on 'administration costs'.

Personally, I would ask Jeanette and her family to carry on for as long as they feel capable of doing so, i.e., working tirelessly raising as much money in Nicky's name as they can, and giving it to the worthiest medical causes. It appears that the people in Reepham are not only extremely generous but also astute enough to recognise something which may perhaps be of benefit to them at some point in their lives, and realise that it may well be better left to those who work so hard purely from love. That the majority of the villagers agree with these sentiments is blindingly obvious, if it is based on past responses and I'm sure will be equally clear from future donations and help.

List of Recipients and Monies Donated

	£
A special wheelchair for a severely handicapped child	685.00
8 Tendercare mattresses for St. Michael's Hosp. Aylsham	800.00
Equipment for patient care - Norfolk & Norwich Hospital	2300.00
Donation to Special Care Baby Unit at the N & N Hospital	600.00
Elizabeth Fry Unit - N & N Hospital	650.00
Donation to 1st Defibrillator Reepham Surgery	2099.00
Donation to 2nd Defibrillator Reepham Surgery	1155.00
Mattress & wheelchair padding for Musc. Dys. sufferer	180.00
Special mattress for a quadriplegic gentleman	88.00
Grand Total	8557.00

Maggie Perry

The Reepham Magazine

BEAUTY BOX - by Barbara Kent

Take a good look at yourself. It is a fact that certain areas of the body require more careful attention than others. Sensible eating and regular exercise are not always enough. More important is what you use on your skin. Take your face, for example.

“Moisturise your face as though it is fragile”, caution skin care experts. “But watch what you use”.

For continued use of moisturisers, a non-comedogenic formula is clearly better for your face.

“What are comedones?”, you may well ask. They are the annoying bumps and eruptions that can so easily blemish your complexion.

We are blessed with a climate that favours soft, smooth complexions, and it is tempting to take good skin for granted. But what about those occasional bumps and eruptions? Are they just a fact of life? Maybe not. Maybe your moisturiser is getting into places where it doesn't belong.

The fact is, the very moisturiser your skin depends on to stay smooth and young looking can also clog your pores, causing roughness and bumps. That is known as a “comedogenic” reaction.

What a non-comedogenic moisturiser means to your face is that it will not clog your pores, cause unsightly blemishes, annoying bumps or red patches. Not even if you use it daily or over long periods of time.

In an effort to avoid negative side effects, you may already be banning irritants like fragrance and colour, but that's not enough. The hidden comedogenic risk is there.

The answer:-

Use non-comedogenic cream. Cream that is pure with no additives. Read the labels. If you are not sure what is in them, ask. If the sales assistant won't tell you, don't buy!

Beautiful women must be silky smooth. So decrees the media. Just imagine Sue Ellen with hairy legs, or a stubbly Selina Scott - utterly unthinkable. The message is loud, clear and convincing. Even though the majority of women have some degree of superfluous hair, the pressure is on to conform.

British women in '89 give silkiness a high priority. And the old days of wrestling with a bar of soap and a blunt razor are past history.

Waxing is today's most popular method of depilation. Professionally performed, the whole procedure can be a quick, easy, virtually painless path to a silver screen smoothness. So ladies, why not give it a try, for a longer lasting effect

The Reepham Magazine

DO YOU WANT TO SAVE SOME MONEY?

If the answer is yes, then a phone call may be all you need. Ring a garage (main dealer) to see if your car can take unleaded petrol. I was surprised to discover that my fairly ancient X registration Acclaim was designed to take both leaded and unleaded. Vauxhalls can have a small alteration done while you wait, ATNOCHARGE, to enable them to run on lead-free petrol. You can then save approximately 5p a gallon, as well as saving the atmosphere from the toxic lead you would otherwise be pumping into it. More and more garages and service stations now supply unleaded petrol, so it is not difficult to find. So do yourself and the environment a favour, and go 'unleaded'.

Gavin Graham

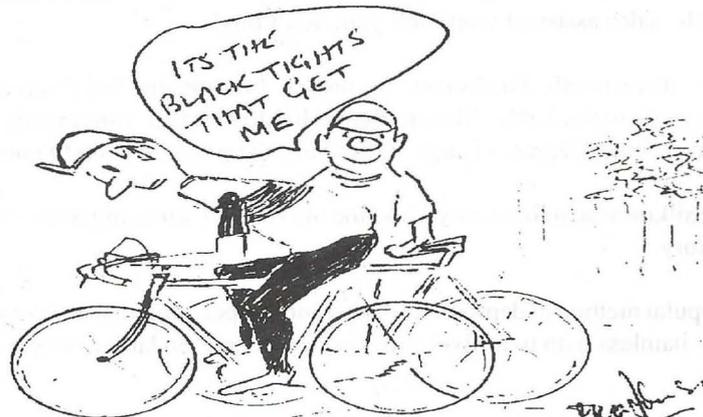
A 'GRANDMAMA' REFLECTS

*How different might my life have been
If I had known, at sweet sixteen,
The many things I know now.*

*Had I then known the 'new techniques'
of which my grand-child blithely speaks
I'd not have been her 'Gran' now!*

*'Tween then and now long life has taught
That Wisdom's only dearly bought -
Seldom when needed - never 'Now'*

*One tale to write is all we've got -
We can't go back and change the Plot
So 'Finis', close the book now*



THE RECYCLED TEENAGER

The Reepham Magazine

SPRING CYCLING NOTES

The mild winter has meant that except for a few icy days it's been cycling as usual. Normally this time of the year we have sometimes had a two or three week spell off the road. Then its a battle to get into shape again. But as the sun each week is a little warmer the muscles work much easier. The countryside at the moment is full of colour with lots of early flowering.

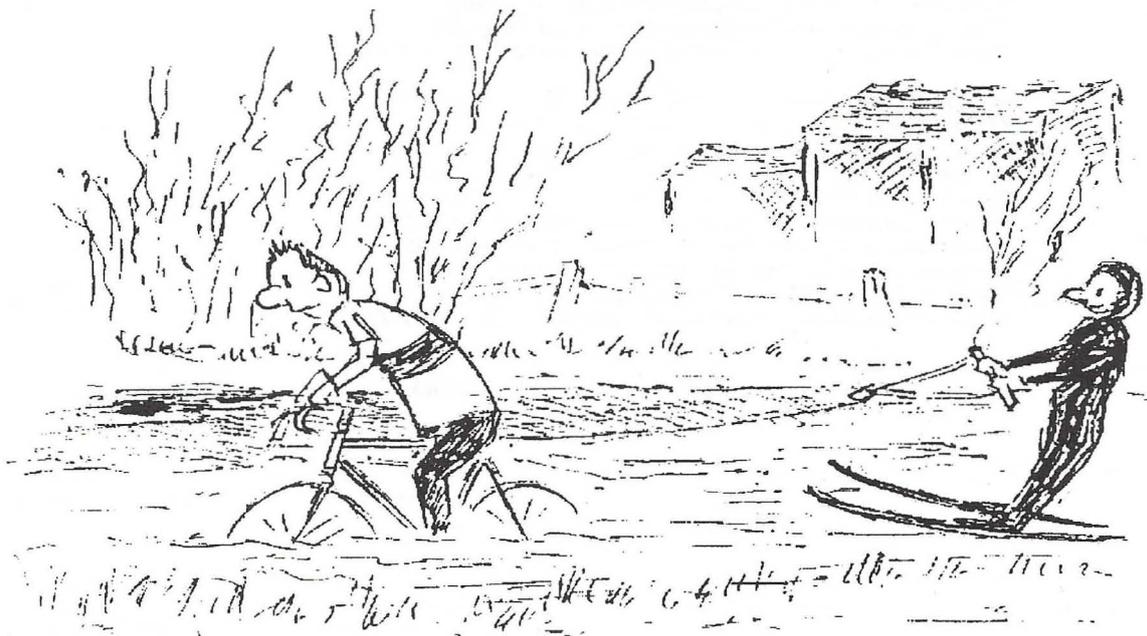
Since our cycling notes have been published in the Reepham Magazine, quite an interest in cycling has developed. Most people contact me for help at the Post Office. Anyone wanting advice to get started in cycling - touring or racing - full information will be given, plus cycling holiday advice.

Congratulations to John and Joe Tym (Parent School Governors) who have developed a wonderful cycling club at the School. John has organised weekend trips, holidays and time trials. Many children have won awards through the English Schools Cycling Associations. Overall the school won the top prize - the Dunlop Trophy 1988.

Whitwell Hall Country Centre was the base in March for an English Schools Cycling Association coaching course. Thirty two children took part and top coaches attended. The course included lectures, videos and all practical advice on riding skills and lectures on hygiene, diet and clothing completed the course which only cost £2. It is hoped to hold the course next year.

Health and diet are foremost in people's minds but with busy lives it is not easy to fit in exercise plans - sometimes it helps to start a programme by having a partner to train with. Training rides and advice plus details of local clubs are available. Remember cycling can be enjoyable - why not give it a try!

G. Johnson



Whitwell Common Watersport Centre

The Reepham Magazine

THREE YEARS IN THE LIFE OF A FEMALE CALF

*Born on a farm, September, nineteen eighty one.
I was taken from my Mum, before I could run.
Metal tag in my ear, my navel sprayed blue,
Saw this happen to others, in fact quite a few.
Was carried into a pen, with two pails of my own,
Fed pellets and milk, until I was well grown.
At the age of one month, my horns had started to grow,
Along came the vet, with stockman Bob, whom I know.
Vet injected my hornbuds, so I should feel no pain,
Then Bob stopped my horn growth, it was not in vain.*

*I had a lovely polled head, with no horns in sight.
Saw same treatment to my neighbour, a friesian black and white.
I was paired with my neighbour, in a pen twice the size.
We had no more milk, pellets and water our prize.
We reached our ninth week, a drench was given that day,
With a repeat in a month, supposed to keep husk away.
We were both little females, well bred, and pedigree,
With our Mums in the dairy herd, we'd no chance to see.
When we had grown bigger, were moved to a large pen,
With four pairs of others, we now numbered ten.*

*We were grown until Springtime, then off to a new home
Mixed with twenty others, on a meadow to roam.
Given meal in the mornings, in a shed by a lass.
We frolicked on the meadow, soon learned to eat grass.
By June we were thriving, so onto pastures new
For the whole of the summer, my word how we grew.
We had a shed for the Winter, littered with straw
We had silage in mangers, self unloaded, why sure.
Come Spring, loaded on floats, taken for a long ride
Went through a city, journeyed on, stopped by the roadside.*

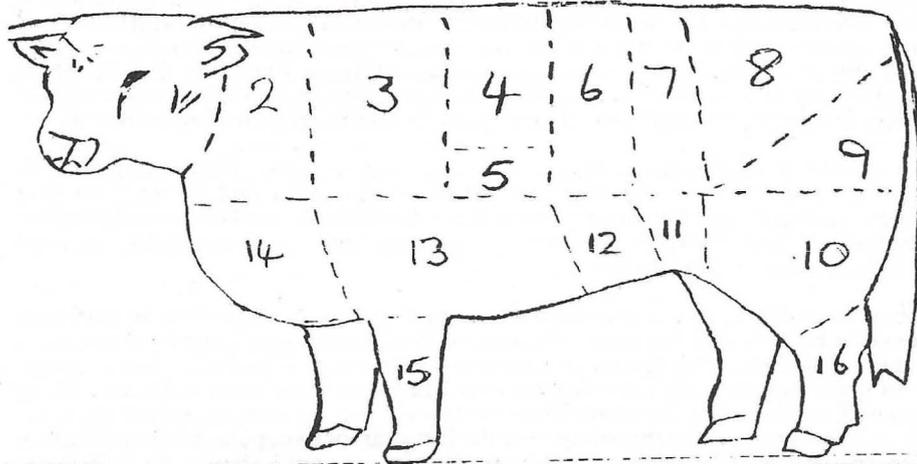
*We saw hundreds of cattle, red, brown, black and white.
There were ditches to part us, and drink from, day or night.
We went back home in the Autumn, to graze on, outside.
Us girls were all sorted, our Mothers milk yield applied.
Now back on the pasture, with Tommy Bull as hour host,
He would wander around, and love us all, was his boost.
His name was Tom Hereford, his face was snow white,
If anyone came near us, he would give them a fright.
We grew big and fat, until August eighty four did come,
When we gave birth to calves, that had white faces like Tom.*

M. Frosdick

The Reepham Magazine

BEEF

A few tips from Brown's The Butchers



1. HEAD
2. NECK
3. CHUCK
4. MIDDLE RIB
5. TOP RIB
6. FORE RIB
7. SIRLOIN
8. RUMP

9. AITCHBONE
10. TOPSIDE/SILVERSIDE
11. THICK FLANK
12. THIN FLANK
13. BRISKET
14. CLOD
15. SHIN
16. LEG

METHOD OF COOKING

METHOD	CUT	COOKING TIME
Roasting	Sirloin Ribs Fillet Aitchbone Topside Rump	15 mins per 1lb plus 15 mins over well done
		20 mins per 1lb plus 20 mins over, or 40 mins per 1lb in very slow oven.
Grilling or Frying	Rump Fillet Sirloin	5-15 mins depending on thickness and choice
Stewing or Braising	Skirt or Chuck Bladebone Brisket Flank	1 1/2-3 hours
Pickling or Boiling	Brisket Shin or Leg Silverside Flank, Aitchbone	1 1/2-3 hours
stock for soups	Neck, Oxtail, Shin Leg, Clod, Flank Marrowbone	1 1/2-3hours

The lean should be a clear bright red, and the fat firm and pale cream. The very best joints **MUST** have a certain amount of fat on them.

The Reepham Magazine

REEPHAM AMATEUR THEATRICAL SOCIETY

Since our last report appeared in the first issue of this magazine, the Reepham Amateur Theatrical Society ("RATS") has increased in strength to over 25 members, though we could always do with a few more if anyone is interested in acting, singing, stage design and construction, and so on: please get in touch. Despite the great disappointment of having had to cancel the pantomime in January, we are still very much alive and already have our programme mapped out for this year. We were very lucky just over a year ago to secure the services of Barry Rix who comes from Norwich to our weekly rehearsals (which become more frequent as the date for a show draws near) and he now produces nearly all our plays and pantomimes.

We duly put on the pantomime Jack and the Beanstalk in January last year which played to full houses and was well received. We won a certificate of merit for a short play we put on at the Amdram Festival in April - this was a festival in which about ten Norfolk societies took part.

In September we staged three short plays under the title "Three for all", although there were in fact four if you include the opening sketch. The plays were all comedies and were well received, we think. At the end of the year the 'flu bug and other unforeseen calamities took control forcing us to postpone (rather than cancel) the pantomime, Dick Whittington, planned for January. We were quite simply unable to have enough full rehearsals, and had we struggled on with the pantomime we think it would have been a disappointment to us and to the audience - it certainly would not have been up to the standard we normally achieve. However, with this set back behind us, it was all hands on deck for our next production 'No Time For Fig Leaves' which was successfully staged at the end of April.

Our next project is to stage the pantomime in December this year, if the hall is available; otherwise it will be held in January, as before. This time we should have several months in which to rehearse, and hopefully DICK WHITTINGTON will be our best pantomime yet.

All in all we are very pleased with the present state of our society which has acquired a new keenness and determination amongst its members. Past difficulties are behind us and we are sure that from now on we will go from strength to strength. If you would like to join us in any capacity, why not come along to one of our rehearsals at 7.45 p.m. on Tuesdays in St. Michael's Church Hall; or ring 870410 or 870393.

Nick Rossetti

The Reepham Magazine

REEPHAM AND DISTRICT ROTARY

During the summer of 1988, one or two members of the Reepham & District community got together with a view to forming a Rotary Club, to meet in Reepham. The original three members have now expanded to twenty-one and it is hoped that by the end of April this year, there will be a fully accredited Rotary Club meeting at The Old Brewery House, Monday evenings.

Rotary is short for Rotary International which is a world wide association of service clubs for professionals and businessmen. The clubs exist to provide a service to communities at local, national and international level and the membership of each club is drawn from the business and professional life of the community in which it is situated. Membership of Rotary is limited to those persons who the existing members of the club feel could contribute both towards the aims of Rotary by representing their particular trade or profession within Rotary and who are also outstanding members of their own profession who can represent the aims of Rotary within their own trade or profession. Thus being a member of Rotary is a signal honour which affects the lives of the members both in terms of their profession and in terms of their meeting with other Rotarians.

The initial obligation of all members is to attend 60% of the weekly meetings of the club and it has been decided that the Reepham and District Rotary Club will meet in the evenings since in these days of increasing competition, it is becoming harder and harder for professionals and businessmen to take off time during the day when they really need to be at work.

The Rotarians as a whole are involved in service to the community by giving their time, energy and professional skill towards particular projects or enterprises. Frequently this is carried out by way of fund raising, although not always so. One way in which many Rotary clubs have been able to give service in recent years is by the provision of disaster packs. These are large cardboard containers which contain the essentials of life for protection, purification of water and preparation of food and these packs are flown out to areas where there have been major disasters. Survival packs have been taken to Mexico City and Russia during the recent earthquakes and also in the past to places such as Bangladesh after several floodings.

One of the most ambitious projects undertaken to date by Rotary worldwide is the Polio Plus Campaign which is aimed at immunising all the world's children against polio, plus measles, diphtheria, whooping cough, tetanus and tuberculosis by 1990, with the aim of totally eradicating these diseases.

The objects of Rotary are therefore to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

1. the development of acquaintance as an opportunity for service;
2. high ethical standards in business and profession; the recognition of the worthiness of all usual occupations; and the dignifying by each Rotarian of his occupation as an opportunity to serve society;
3. the application of the ideal of service by every Rotarian to his personal, business and community life.
4. the advancement of international understanding, goodwill and peace, through a world-fellowship of business and professional men united in the ideal of service.

Rotarians are encouraged to think of the four-way test in respect of things that they think, say or do. The tests are:-

1. is it the truth?
2. is it fair to all concerned?
3. will it build goodwill and better friendships?
4. will it be beneficial to all concerned?

It is hoped that over the coming years, the Reepham and District branch of Rotary will be able to contribute towards the local community as well as to the national and international community.

If any person is interested in learning more about Rotary, they should contact Ray Osborne on Norwich 872162.

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A DIRECTORY OF REEPHAM'S SOCIAL ACTIVITIES

BADMINTON:

Cawston College, Foro Hall, Thursday 7.30-10.00 p.m.

BELL RINGERS:

St. Michael's Church, Mondays at 7.30 p.m.

BINGO:

Town Hall, Friday nights, 7.45-9.30 p.m.

BIRCHAM CENTRE:

A central meeting place, under development as a community centre (Bookings: Mr. Les Mynard, 1 Coles Way, Station Road, Reepham, Tel:871614)

BOWLS:

May to September inclusive: 6.30 p.m. Monday, Wednesday, Friday. 2.30 p.m. Tuesday, Thursday, Saturday (Sec. Mr. Derrick Henson Tel: 870205)

BRIDGE:

Monday 7.30 p.m. at the Bircham Centre. A friendly group - newcomers welcome. (Contact Derrick Henson: Riches Stores Tel. 870205)

BRITISH LEGION:

Chairman: Commander Tom H. Maxted (Sec. Mr. Alan Fry, Tel.871269). Meetings first Thursday of month at Bircham Centre, 7.30 p.m. Women's Chairman:Marjorie J. Cook, Tel: 870475, meetings first Thursday of month at the Town hall at 2.30 p.m.

BROWNIES:

7-10 year olds. Friday 3.30 R.A.Y.S. Hall (Mrs. Dye, 1 Park Lane, Tel. 871791)

CRICKET:

Chairman: Mr. Richard Howard (Tel. 870235). Saturday Capt. Mr. Nicholas Mears (Tel. Bawdeswell 251). Sunday Capt. Mr. Tim Briggs (Tel. 871240)

CUBS:

(8-10 year olds) Thursdays 7.00-8.30 p.m. R.A.Y.S. Hall (See also SCOUTS)

CYCLING:

George Johnson, Post Office

DANCING:

Modern Sequence - Town Hall, Tuesdays, 7.30-10.00 p.m., Ballroom Classes - Town Hall, Thursdays, 7.30-10.00 p.m. (Contact Mrs. Joan Rudd, 86 Richmond Rise, Tel. 870325)

DAY CENTRE:

At St. Michael's Centre; Tuesday for those with special needs, contact Mrs. Nora Wright, Hideaway Cottage, St. John's Alley, Tel: 870483. Wednesday for the elderly, housebound and handicapped, contact Mrs. Brenda Morgan, Tel: 871083.

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DRAMA:

Amateur Theatre (R.A.T.S.) Tuesday evenings, 8.00 p.m. at St. Michaels Church Hall. (Contact David Joice, Tel. 870410 or Sec. Paulene Syder)

EVENING CLASSES:

Area Office - North Walsham Tel 95 405930

FIRST AID:

Every third Monday in the month at 8.00 p.m. at the Bircham Centre.

FITNESS FOR SENIOR CITIZENS (EXTEND):

Mondays at 10.00 a.m. at the Town Hall. (Contact Gwen Blyth Tel. 870429)

FOOTBALL:

Sec. Joe Norris (Tel. 870634); Under 18's + several Junior Teams (870978) Graham Richards.

GOOD COMPANIONS:

Town Hall, Friday 2.00-4.00 p.m. (Secretary, Mrs. E. Thompson, Tel. 871943)

GUIDES:

Age 10-15; Tuesdays 6.45-8.45 p.m. at R.A.Y.S. Hall. (Contact Mrs. June Cook, 8 Moorhouse Close, Tel. 871825)

HOCKEY:

Thursday practice, Saturday league, Sunday youth and friendly at Stimpsons Piece, contact Mrs. Carol Fearn, Tel:9684 763, Captain Angela Chipperfield, Tel:870978. UMPIRE NEEDED!

JUDO:

7-16 age. Mondays, 6.00-7.00-8.00 p.m. High School (Mrs. Pat Limond, Tel. 870498)

KARATE

(Tae Kwondo):contact Mr. Nigel Cottrell, Tel: 870508

KEEP FIT FOR LADIES

Bircham Centre, Wednesdays at 10.00am.

LECTURES:

See W.E.A., Reepham Society, Probus, etc

LIBRARY:

Wednesdays 10.00-1.00; 2.00-5.00 Bircham Centre

Fridays 2.00-8.00 p.m. Bircham Centre

MOTHERS AND TODDLERS:

Wednesdays, 9.30-11.30 a.m., The Chapel, Station Road, (Janet Clark, Tel. 870585) also BIZZIEBABIES (pre-school age) 9.30-12.00 noon, Town Hall (Mrs. 'George' Hardiment, Ardgraft Cottage, The Moor.)

ODDFELLOWS:

A friendly society. Quarterly meetings at the Bircham Centre (Contact Mr. Dye Tel. 871791 for details or contact Sec. Mr. R. Felgate, Tel. Dereham 692967)

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PLAYGROUPS:

The Chapel Playgroup, Mon., Tues., Thurs., Fri., 9.15-11.45 a.m. Chairman: Mrs. A. Bartley.
The Town Hall Playgroup, Wed., Thurs., Fri., 9.00-11.30 a.m. (Joan Taylor, Tel. 870625)

PROBUS:

For retired men. Sec. Mr. Geoffrey Hemmings (870759)

REEPHAM SINGERS:

St. Michael's Church Hall, 7.45 p.m. Wednesdays. Anyone interested tel: Mr. B. Frankland, 872391 (conductor)

REEPHAM SOCIETY:

Chmn. Mr. A.H. Ivins. Sec. Mrs. Hemmings (870759) See notices in the Bircham Centre.

SCOUTS:

2nd Reepham (10-16) at R.A.Y.S. Hall (Mr. L. Tooley, Tel. 870701) Scouts Fridays 7.15-9.15 p.m. Cubs (8-10) 7.00-8.30 p.m. Thursdays at R.A.Y.S. Hall.

TABLE TENNIS:

Bircham Centre Tues. and Thurs. evenings (Ian Taylor 870625 or Alan Pickard 870284) Matches Sept. - March. Summer practice Thursdays at 7.45 p.m.

TENNIS:

Club times Friday 6.00 p.m. and Sunday afternoons (Mrs. J. Digby, Tel. 880983)

W.E.A.:

Lectures Mrs. M. Reid, The Oaks, Booton (Tel. 870240)

WHIST:

Meetings on Mondays at 2.00 p.m. in the Bircham Centre

W.I.:

Afternoon: every 4th Thursday in month (Sec. Mrs. Pochin 870546). Evening: every 3rd Wednesday in month at 7.30 p.m. in the Town Hall (Mrs. Sheila Johnson, Tel 870230)

W.I. MARKET:

Bircham Centre, Wednesday mornings, 9.00-11.00 a.m.

WRITERS' CIRCLE:

Last Thursday in month. For further details, contact Barbara Kent, Tel. 870621

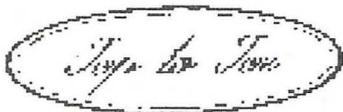
YOGA:

Daily classes and beginners' courses. For further details contact Ros and John Claxton, Tel. 870310

YOUNG FARMERS:

(AGE 14-26) Meet Mondays 7.45 p.m. Brewery House (Sec. Julie Strachan Tel. 870726)

The Reepham Magazine



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